

**2025 - 2026**

***NORTH FORSYTH HIGH SCHOOL  
JUNIOR RAIDERS***



**INFORMATIONAL MEETING**

**AUGUST 26TH, 2025**

**5:00 PM**

**NORTH FORSYTH HS - HUB**

## **COACHING CONTACTS:**

### **JUNIOR RAIDERS COACH:**

**Casey Skeggs**

**cskeggs@forsyth.k12.ga.us**

### **NFHS VARSITY HEAD COACH:**

**Lennox Geiger**

**LGeiger@forsyth.k12.ga.us**

**northforsythswimming@gmail.com**

**404-395-4258**

### **PRACTICE SCHEDULE:**

**Tuesday & Thursday**

**6:00 AM - 7:05 AM**

**Cumming Aquatic Center**

### **REGISTRATION FORM:**



## **IMPORTANT INFORMATION**

### **REMIND 101**

**Text @jrraiders2 to 81010 to  
join**

### **TEAM FEES:**

**\$450 - includes practice time water  
fees, team gear, meet entry fees,  
banquet**

**\$350 - Club Swimmers (practice w/ club)**

### **REGISTRATION DEADLINE**

**September 5th @ 4:00 pm in NFHS HUB**

**PayPal - @northforsythswimdive**

**• Paypal price with fees:**

**◦ \$450 -> \$459**

**◦ \$350 -> \$357**

**Checks to - NFHS Swim and Dive Junior  
Raiders**

### **TRY OUTS:**

**Junior Raiders must be able to swim a 50  
(two laps) of 2 strokes**

**\*\*Must have a current physical on file\*\***

**We encourage all middle school students  
(grades 6-8) who are considering trying out for  
the swim team in high school to join our Junior  
Raider program so you get to experience what  
our team is all about! If you have any further  
questions, please reach out!**

# **GO RAIDERS!!!**

# 2025-26 JUNIOR RAIDERS

## SWIM & DIVE SCHEDULE

<b>DATE:</b>		<b>TIME &amp; LOCATION:</b>	<b>HOST:</b>
<b>TUE 10/14/25</b>	<b>1st Day of practice!!</b>	<b>6:00 am @ CAC</b>	
<b>SAT 11/1/25</b>	<b>18th Annual Kickoff Invitational</b>	<b>11:00 am @ CAC</b>	
<b>SAT 11/22/25</b>	<b>East Forsyth Thanksgiving Invite</b>	<b>12:00 pm @ CAC</b>	
<b>SAT 12/6/25</b>	<b>Forsyth Central Holiday Invite</b>	<b>11:30 am @ CAC</b>	
<b>FRI 1/2/26</b>	<b>Lambert MS Invite</b>	<b>6:30 pm @ CAC</b>	
<b>SAT 1/10/26</b>	<b>West Winter Classic</b>	<b>12:00 pm @ CAC</b>	
<b>FRI 1/16/26</b>	<b>Middle School Championship</b>	<b>6:30 pm @CAC</b>	

**\*Official warm up times will be shared the week of the meet\***

**\*\*All will require parent volunteer commitments\*\***